



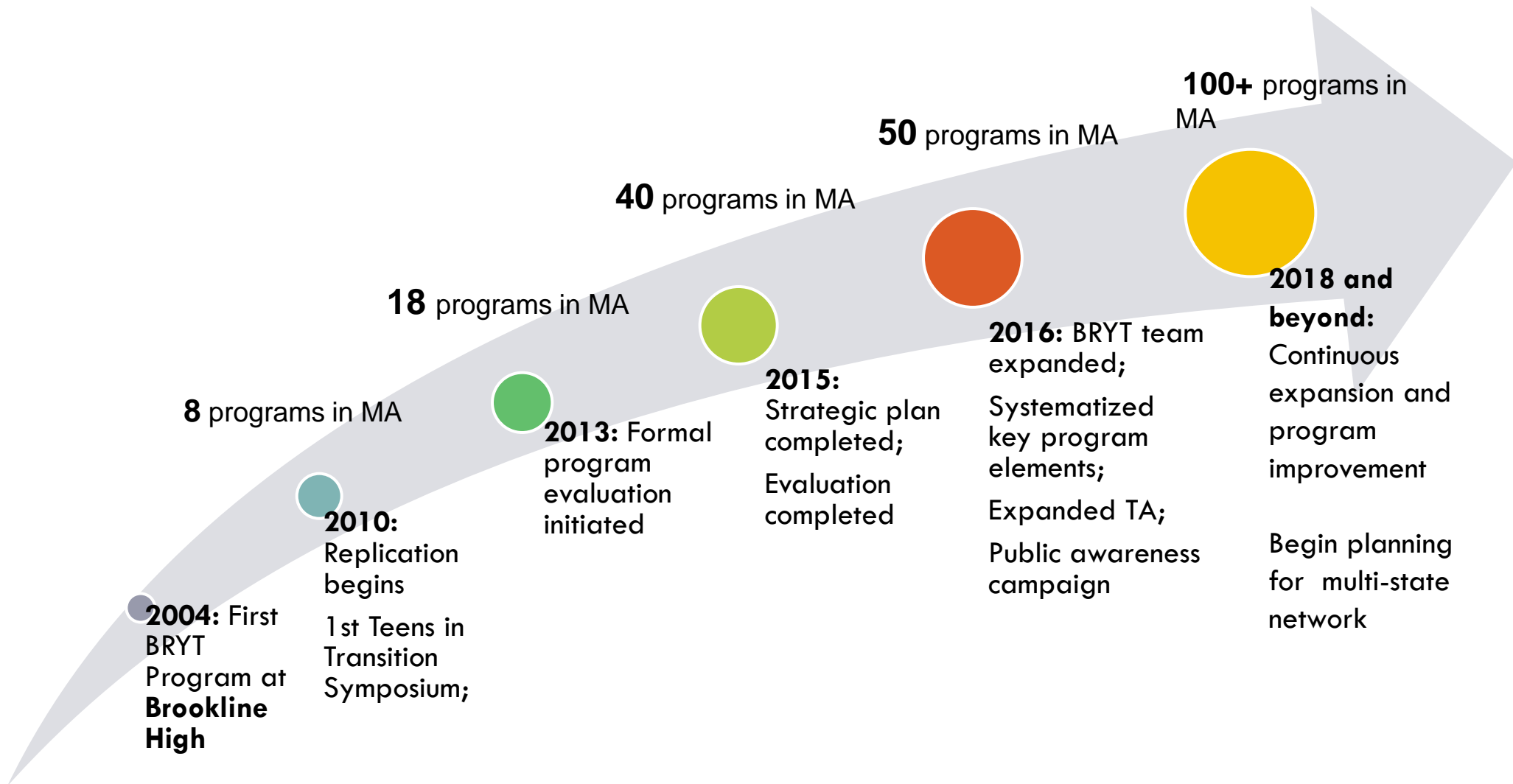
# BRYT:

## Update to the Brookline School Committee

October 24, 2018

# BRYT and Bridge Programs:

# A Growing Network and Movement



## **Bridge\* programs employ a customized transition planning and support process.**

Planning and support extends from return to school/class to the student's transition out of the program (typically 8-12 weeks) and involves continuous engagement with the student, family, school staff, and outside providers.



\*'Bridge' is the generic term for programs following the BRYT model.

# The “4 S’s” of the BRYT Model



the brookline center  
for COMMUNITY MENTAL HEALTH

Students

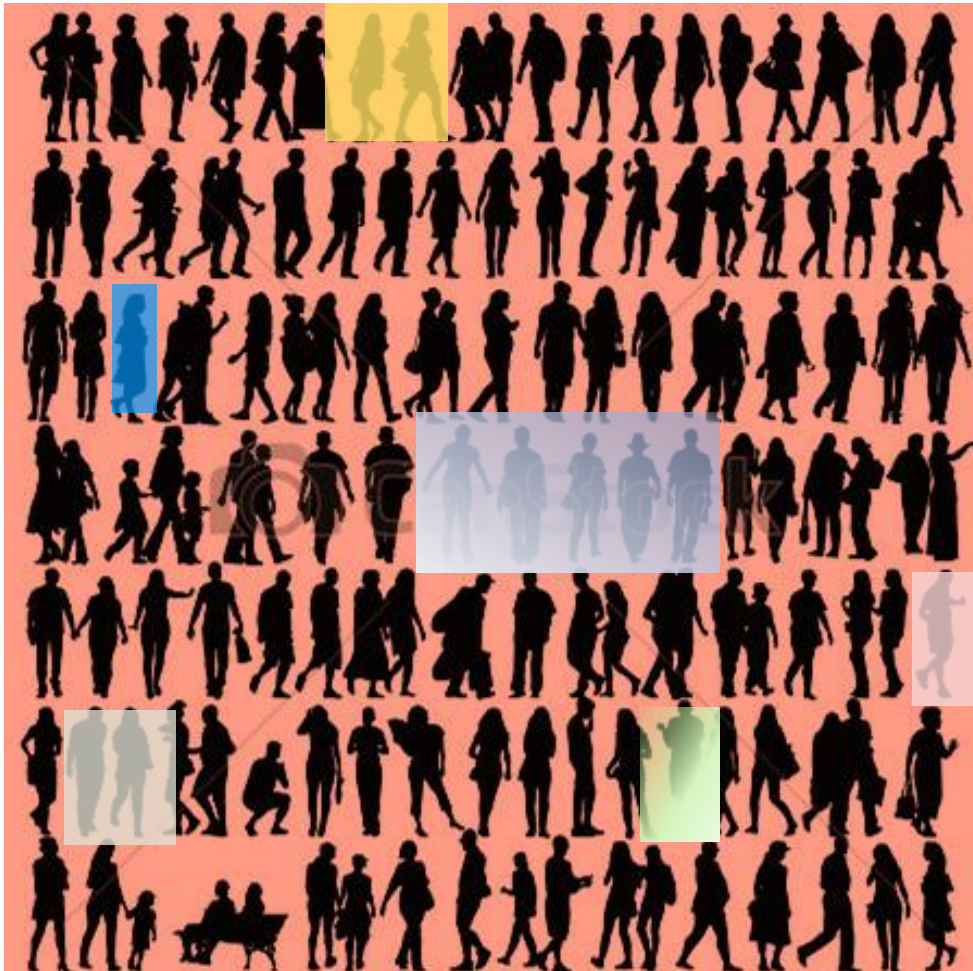
Space

Services

Staffing



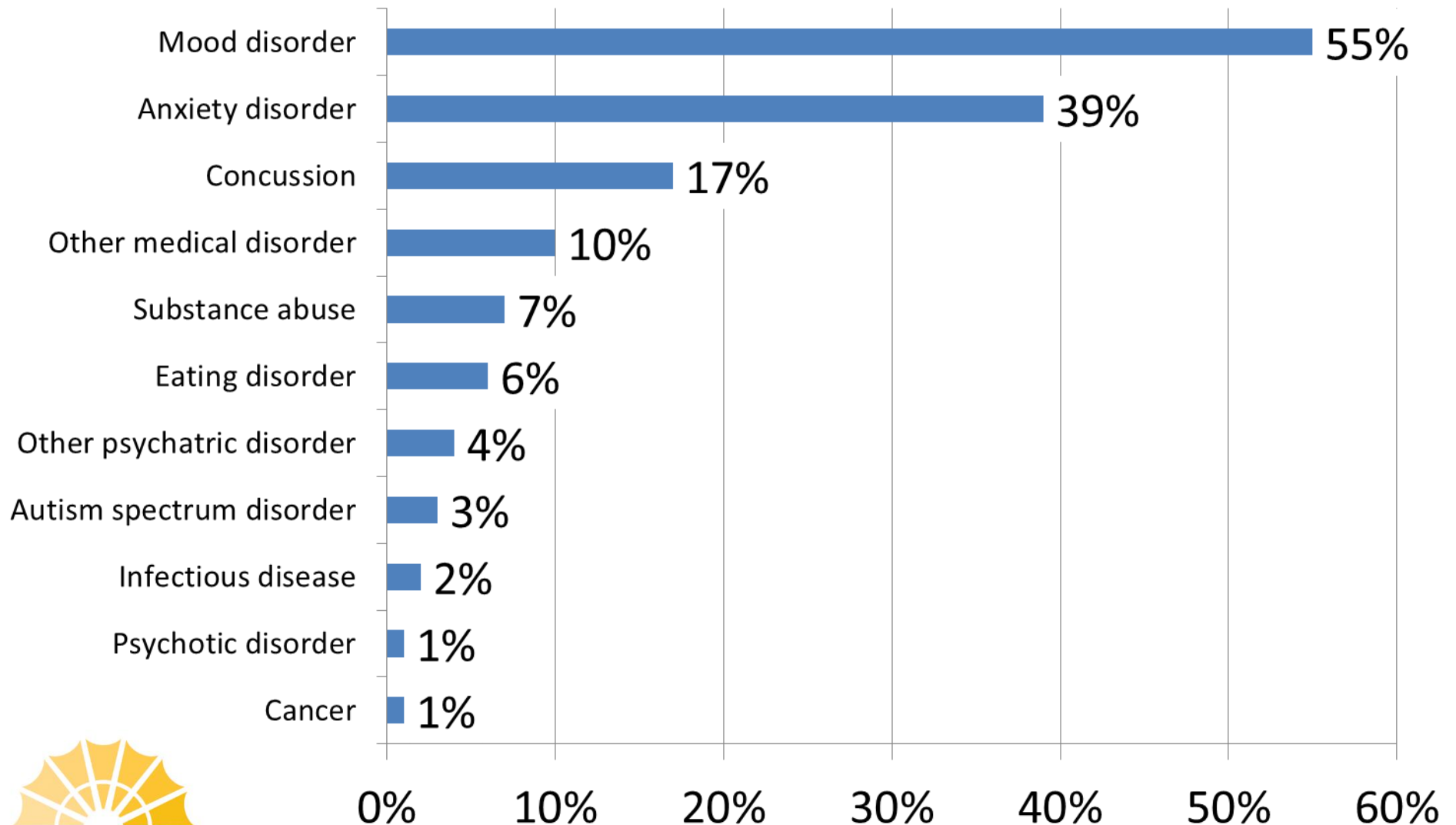
# Students need support after missing extensive amounts of school/class due to a variety of causes.



Number vary, but of every 100 students in a given year, absences might result from:

- psychiatric and/or medical crises (3 to 4 students)
- untreated mental health challenges (3 to 4 students)
- long-term suspension (1 or 2 students)
- parenting leave (1 student)
- life circumstances (1 student)

# Presenting Problems among Students in Transition Programs in BRYT Evaluation Study



# Space: BRYT programs are located in a dedicated classroom in the school



- Fully accessible - near an exit
- Open during full school day
- Both work space and informal seating
- Private meeting space



The customized case plan for each student addresses:

- Academic Support
- Clinical Support
- Family Support
- Care Coordination



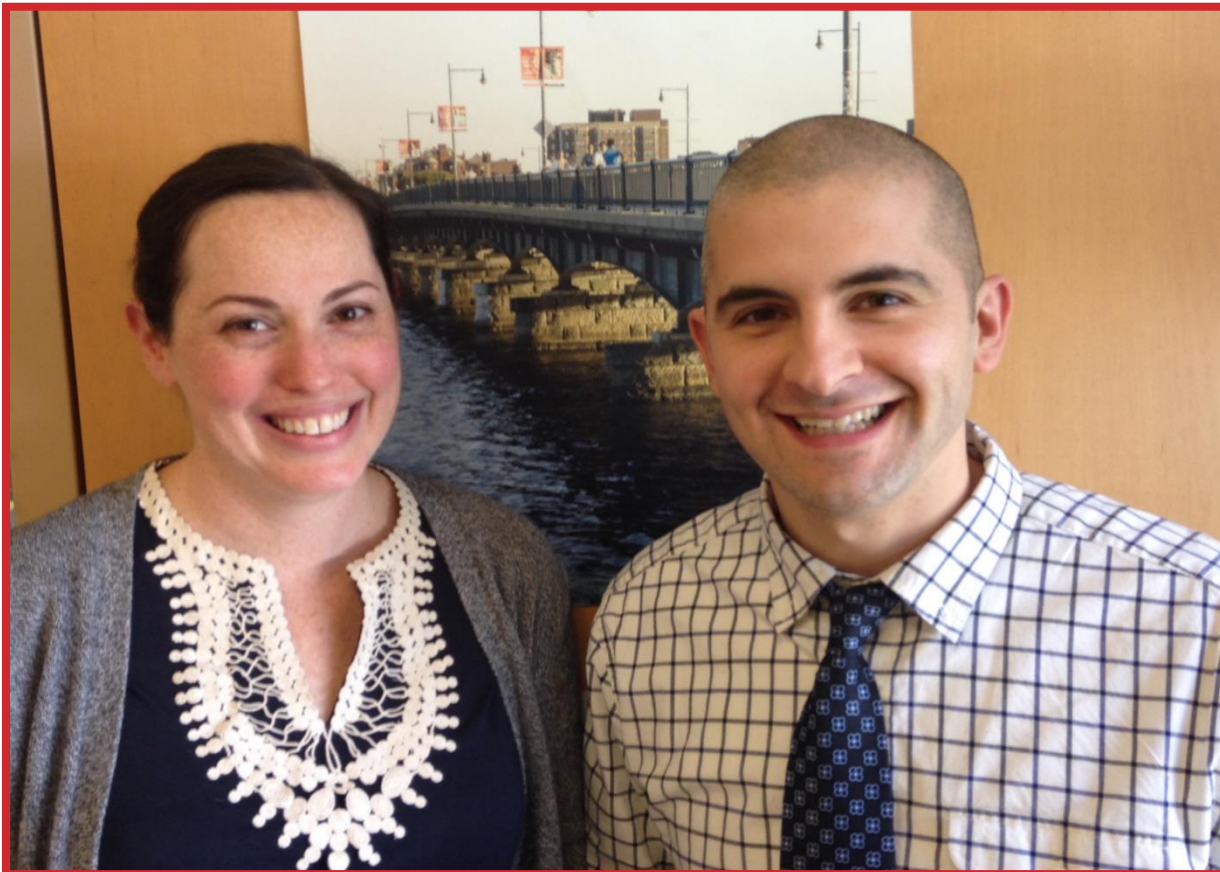


# Staffing

Typically comprised of:

-**Program Leader/Clinician** (Social Worker/Counselor/Psychologist)

-**Academic Coordinator** (Teacher or Classroom Aide/Tutor)



*Different schools  
use different  
staffing patterns.*



**the brookline center**  
for COMMUNITY MENTAL HEALTH

# **BRYT embraces the Multi-Tiered Systems of Support (MTSS) model and fully integrates mental health into the MTSS framework**

## **TIER 3 = INTENSIVE**

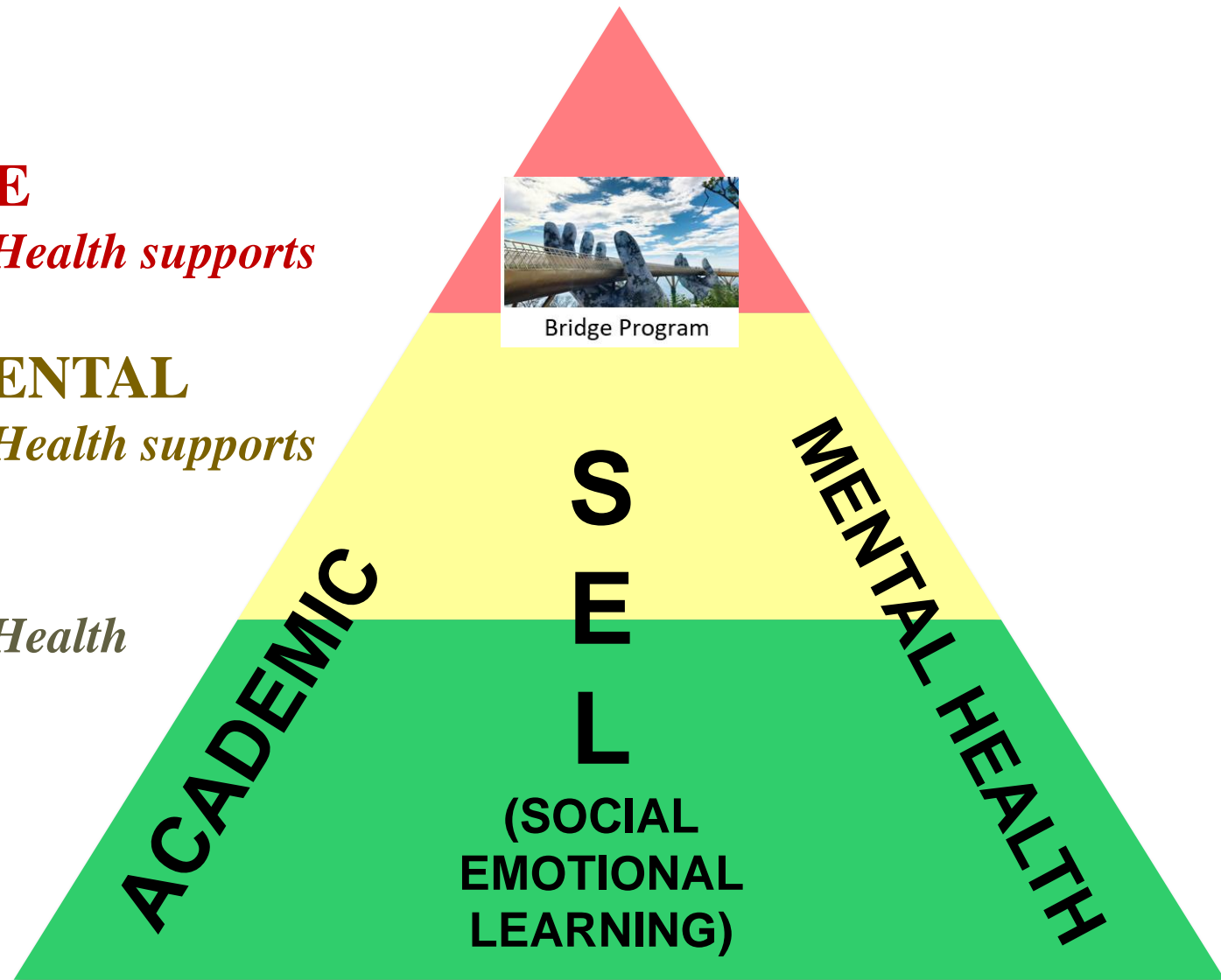
*Academic, SEL & Mental Health supports*

## **TIER 2 = SUPPLEMENTAL**

*Academic, SEL & Mental Health supports*

## **TIER 1 = CORE**

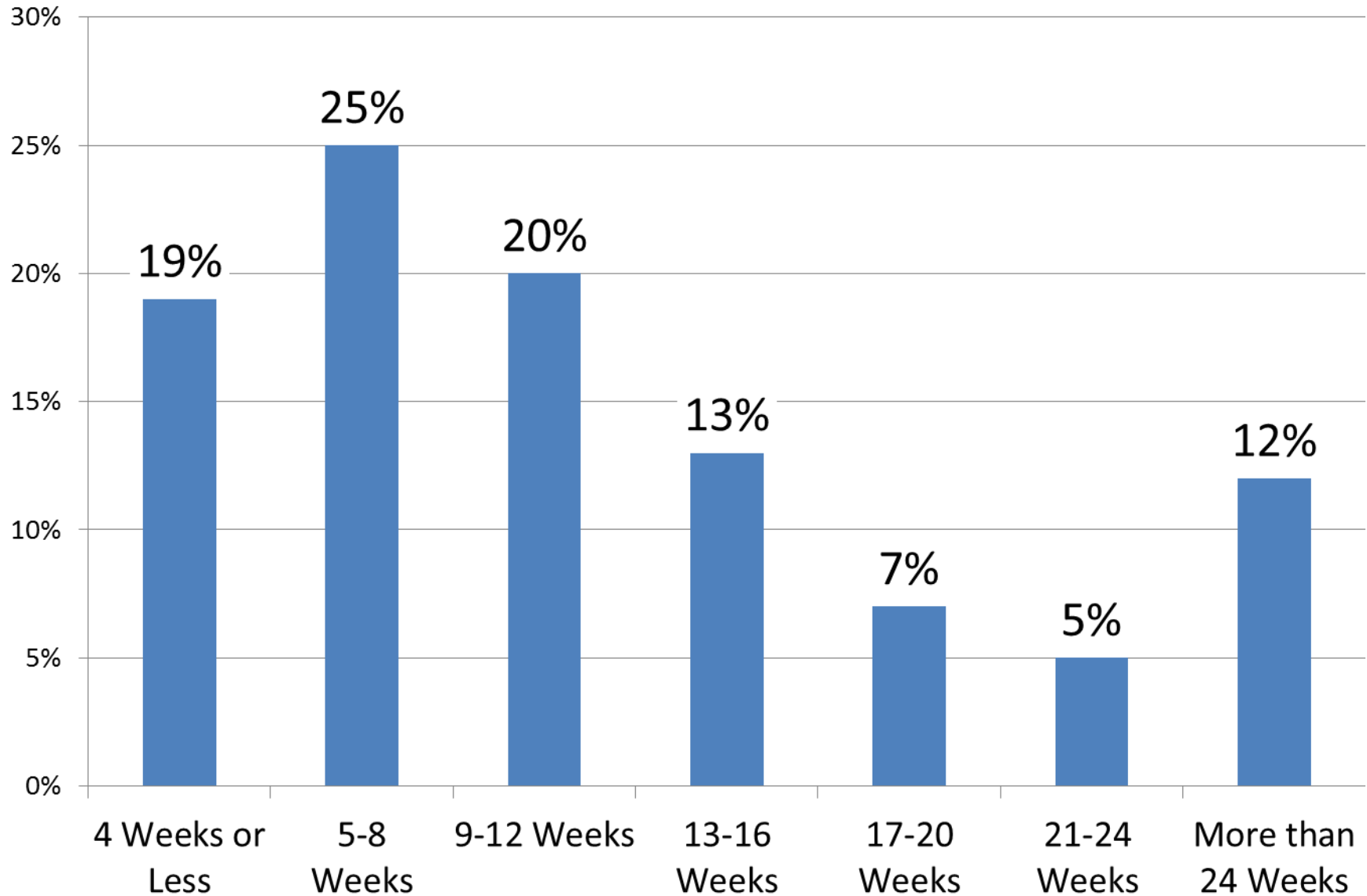
*Academic, SEL & Mental Health supports*



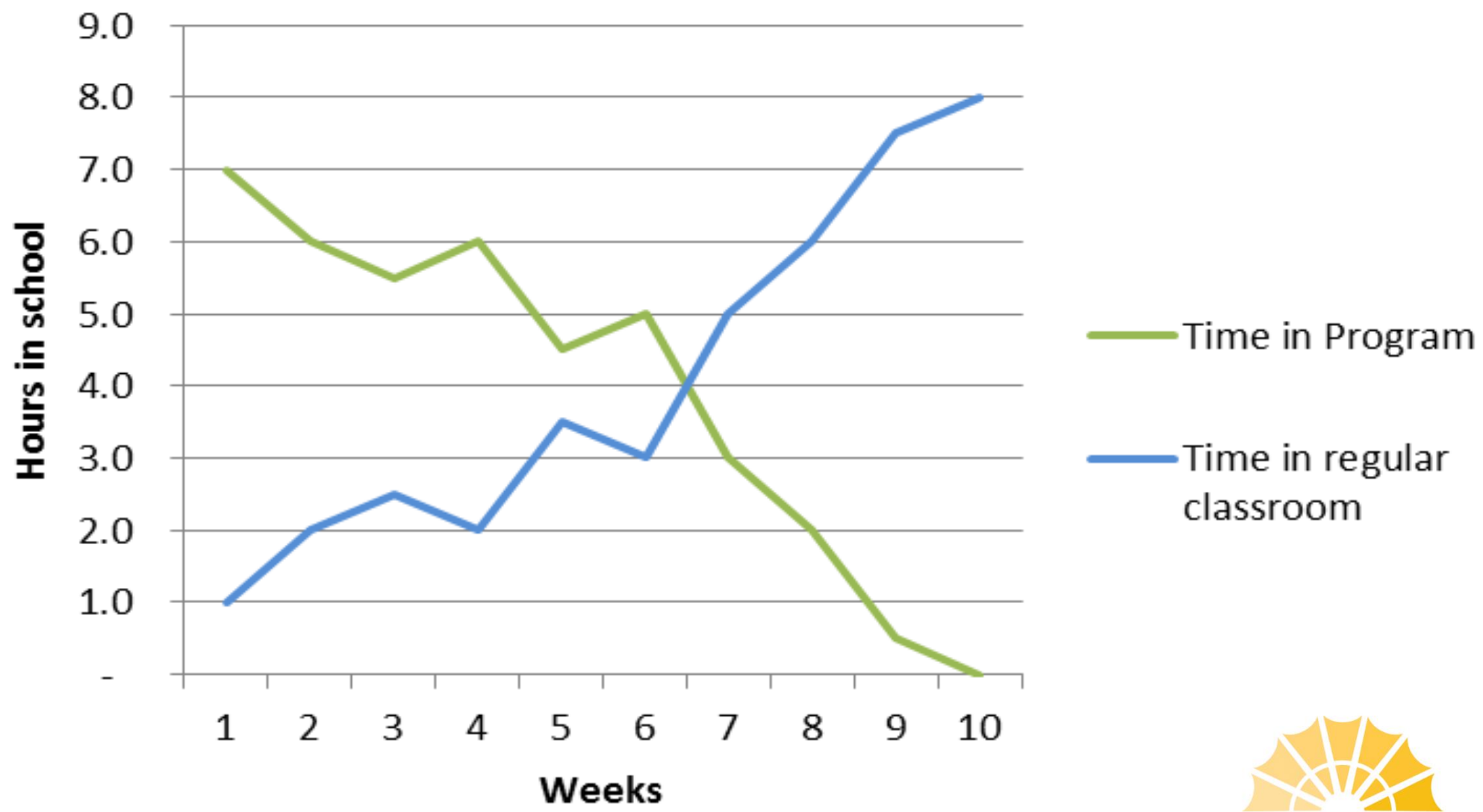
# Length of Program Enrollment (median stay- 10 weeks)



the brookline center  
for COMMUNITY MENTAL HEALTH



**As a student progresses through BRYT, the amount of time spent in the regular classroom increases. (example)**



# BRYT Evaluation Study 2013-2016

Data gathered on 375 students in eight schools with transition programs modeled on BRYT

Study includes demographic and clinical characteristics, length of stay, and student outcomes

Journal article with formal findings published in 2017 in *Psychology in the Schools*

# Brookline High BRYT

Original BRYT Program founded in 2004-05 as **Brookline Resilient Youth Team**

Current Staffing:

- Two Clinician-Coordinators (employees of the Brookline Center)
- One Academic Coordinator (PSB employee)

BRYT is directly supervised within BHS by Dan Bresman, SWS Coordinator, and Darby Neffe-Verre, Guidance Chair.



# Brookline High BRYT—selected data

<b>Students served 2017-18</b>	59 as of 6/7/18			(63 in 2016-2017)		
<b>Referral:</b>	Re-entry 70%			Preventative 30%		
<b>Reason:</b>	Mental Health 69%			Other Medical 31%		
<b>Education Status:</b>	IEP 25%	Eval in progress 2%		504 plan 5%	Gen'l Ed 68%	
<b>Length of Program Involvement (weeks):</b>	1-3 13%	4-6 15%	7-10 17%	11-16 37%	17-23 9%	24+ 5%
<b>Functioning at program entry vs exit:</b>	Severely impaired mood/emotions: 44% vs 12%			Severely impaired school functioning: 41% vs 14%		
<b>School status at exit:</b>	Full time 41%	Reduced Schedule 5%		Therapeutic program 4%		
	45 day 7%	Out of school/other 4%		Graduated 5%	Still enrolled 34%	

# Brookline Center BRYT

## Contact Information

- **Henry White, Founder/Executive Leader**  
[henrywhite@brooklinecenter.org](mailto:henrywhite@brooklinecenter.org)
- **Paul Hyry-Dermith, Director 413-219-8587**  
[paul\\_hyry-dermith@brooklinecenter.org](mailto:paul_hyry-dermith@brooklinecenter.org)
- **Katherine Houle, Associate Director 617-312-1979**  
[katherinehoule@brooklinecenter.org](mailto:katherinehoule@brooklinecenter.org)
- **Megan Harding, Family Engagement Specialist**  
[meganharding@brooklinecenter.org](mailto:meganharding@brooklinecenter.org)